# **Soluvit N**Powder for solution for infusion

#### **Presentation**

Soluvit N is a lyophilized, sterile, yellow mixture of water-soluble vitamins for intravenous infusion.

#### Qualitative and Quantitative Composition

One vial of Soluvit N contains:

Active ingredients	Quantity	1 ml of recon- stituted Soluvit N contains:
Thiamine mononitrate (Corresponding to Vitamin B <sub>1</sub> 2.5 mg)	3.1 mg	0.31 mg
Riboflavine sodium phosphate (Corresponding to Vitamin B <sub>2</sub> 3.6 mg)	4.9 mg	0.49 mg
Nicotinamide	40 mg	4.0 mg
Pyridoxine hydrochloride (corresponding to Vitamin B <sub>6</sub> 4.0 mg)	4.9 mg	0.49 mg
Sodium pantothenate (corresponding to pantothenic acid 15.0 mg)	16.5 mg	1.65 mg
Sodium ascorbate (corresponding to Vitamin C 100 mg)	113 mg	11.3 mg
Biotin	60 µg	6.0 µg
Folic acid	0.40 mg	40 µg
Cyanocobalamin	5.0 µg	0.5 μg

For the full list of excipients, see section list of excipients.

- Osmolality in 10 ml of water: approx. 490 mosm/kg water
- pH in 10 ml of water: 5.8

#### Therapeutic indications

Soluvit N is indicated in adult patients and children as a supplement in intravenous nutrition to meet the daily requirements of watersoluble vitamins.

#### Posology and method of administration

# Posology

#### Adults:

For adult patients and children weighing 10 kg or more, the recommended daily dosage is the content of one vial.

#### Infants:

Children weighing less than 10 kg should be given 1/10 of the content of one vial per kg body weight per day.

#### Contraindications

Known hypersensitivity to any of the components, e.g. thiamine or methyl parahydroxybenzoate.

# Special warning and special precaution for use

Soluvit N must not be given undiluted.

When Soluvit N is diluted with water based solutions, the admixture should be protected from light. This is not necessary if Soluvit N is diluted with Intralipid because of the protective effect of the fat emulsion.

# Interference with clinical laboratory tests

Biotin may interfere with laboratory tests that are based on a biotin/streptavidin interaction, leading to either falsely decreased or falsely increased test results, depending on the assay. The risk of interference is higher in children and patients with renal impairment and increases with higher doses. When interpreting results of laboratory tests, possible biotin interference has to be taken into consideration, especially if a lack of coherence with the clinical presentation is observed (e.g. thyroid test results mimicking Graves' disease in asymptomatic patients taking biotin or false negative troponin test

results in patients with myocardial infarction taking biotin). Alternative tests not susceptible to biotin interference should be used, if available, in cases where interference is suspected.

The laboratory personnel should be consulted when ordering laboratory tests in patients taking biotin.

# Interaction with other medicinal products and other forms of interaction

Folic acid may lower the serum concentration of phenytoin and obscure pernicious anaemia.

Vitamin B<sub>c</sub> can reduce the effect of levodopa.

# Fertility, pregnancy and lactation

Animal reproduction studies or clinical investigations during pregnancy have not been carried out with Soluvit N. There are, however, published reports on safe administration of water soluble vitamins in this patient group.

#### Effects on ability to drive and use machines

Not relevant.

# Undesirable effects

Allergic reactions including severe (anaphylactic) reactions may occur in patients hypersensitive to any component of the preparation, e.g. folic acid, thiamine or methyl parahydroxybensoate (frequency not known).

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system.

# Overdose

No adverse effects of an overdose of watersoluble vitamins have been reported, with exception of cases of extremly high parenteral doses. Overdoses caused by parenteral preparations for nutritional supplement of watersoluble vitamins have not been reported.

No specific treatment is needed. See also section Contraindications.

#### List of excipients

Glycine (Aminoacetic acid) Disodium edetate. Methyl parahydroxybenzoate

# Incompatibilities

Soluvit N may only be added to or mixed with other medicinal products for which compatibility has been documented.

#### Shelf-life of the medicinal product as packed for sale

18 months

# Special precautions for storage

Do not store above 25°C. Protect from light.

#### Instructions for use/handling, and disposal

# Adults and children age 11 years and above:

The contents of one vial of Soluvit N are dissolved by adding10 ml of:

- 1. Vitalipid N Adult
- or 2. Intralipid 10%, Intralipid 20%, Intralipid 30%, Structolipid
- or 3. Water for Injections
- or 4. Glucose solution for infusion (5%-50%)

Soluvit N may be added to parenteral nutrition admixtures containing carbohydrates, lipids, amino acids, electrolytes and trace elements provided that compatibility and stability have been confirmed.

#### Children below 11 years of age:

The contents of one vial are dissolved by adding 10 ml of:

- 1. Vitalipid N Infant (for children above 10 kg/bw)
- or 2. Intralipid 10%, Intralipid 20%
- or 3. Water for Injections
- or 4. Glucose solution for infusion (5%-50%)

Children weighing less than 10 kg should be given 1 ml of the dissolved mixture per kg body weight per day. Children weighing 10 kg or more should be given 10 ml (one vial) per day.

Due to differences in the dosage regimes for Soluvit N and Vitalipid N Infant, the mixture 1 is not recommended for children weighing less than 10 kg.

Soluvit N may be added to parenteral nutrition admixtures containing carbohydrates, lipids, amino acids, electrolytes and trace elements provided that compatibility and stability have been confirmed.

### Disposal

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

#### Manufacturer:

Fresenius Kabi SSPC-China

#### License holder:

Fresenius Kabi AB, Uppsala, Sweden

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